

## 5 A Day Recipes

### Appetizers

#### All-Net Peach and Strawberry Salsa

##### Serves 4

- 1 cup diced, drained peaches
- 1 cup diced fresh strawberries
- ¼ cup chopped red onion
- ¼ cup jicama\*
- Squeeze of lime juice

Combine peaches and strawberries. Add onion, jicama\* and a squeeze of lime juice. Serve with jicama\* sticks as dippers.

\* Jicama (pronounced hee' kah mah) is a large, bulbous root vegetable with a thin brown skin and white, crunchy flesh. The flesh is sweet and nutty.

This is an official 5 A Day recipe (dip only) and provides four people with more than one 5 A Day serving each.